

Members of the club must comply with the rules set out below.

1. The management reserve the right to reject membership or renewal options; or cancel memberships at any time.
2. The management reserve the right to require any member, guest or person to leave the premises at any time.
3. Memberships not renewed by the expiry date shall be deemed cancelled, however, memberships paid by direct debit will be renewed automatically.
4. In the event of a failed payment, memberships shall be suspended or cancelled until outstanding balance is paid.
5. Membership is not transferable from person to person.
6. The management may withdraw use of all or part of the facilities for various purposes including maintenance. Compensation will not be given for any such closures.
8. All members must produce their valid membership card on each occasion they wish to gain entry to the facilities.
9. If any member wishes to terminate their membership before it will expire, no refund for time remaining will be made. All cancellations must be provided to the club in writing.
10. The management reserve the right to restrict the number of persons using the club at any one time due to health & safety regulations. The management also reserve the right to amend the opening times of the club should they deem it necessary.
11. The management reserve the right to utilise the facilities for special events, classes or other activities it may deem desirable.
12. Any memberships for children under the age of 16 years must be attached to a senior membership, to act as guardian/ contact. This guardian must be over the age of 18 years.
13. Members under the age of 16 years are not permitted to use the sauna, steam room or gym at any time.
14. Children under 8 years must be accompanied by a supervisor over the age of 18 years when visiting the pool.
15. One adult may only be responsible for two children under the age of 8 years in accordance with our admissions policy.

16. Memberships may only be suspended for medical reasons supported by a valid medical certificate.
17. Members or visitors cannot use the facilities under the influence of any alcohol or drugs. No smoking permitted in the building.
18. Medical clearance should be sought for members with any medical conditions that may restrict their exertion levels prior to taking part in any exercise in the club.
19. Any member ignoring advice to or not seeking medical advice, when instructed by staff regarding a medical condition, may not hold the management responsible for any harm which may occur.
20. Appropriate clothing and footwear should be worn when using the various facilities.
21. Equipment should be returned to its correct location/position after use.
22. Animals are not permitted in the club/building at any time, except for assistance animals.
23. The club accepts no liability for accident or injury caused by any persons whilst using the facilities. Nor does the club accept responsibility for loss or damage to goods or valuables belonging to any member or guest.
24. Personal belongings may not be left in the lockers/locker rooms overnight. Items left behind/found will be donated to various charities or dumped periodically.
25. The management reserves the right to amend, add or alter these conditions of membership and club rules as it sees fit, and members should observe any amended or additional conditions or rules so made.
26. Any complaints concerning the club or dispute or difference about the interpretation of these conditions of membership and club rules, shall be referred to the management of the club. This decision shall be final and binding.