

Members of the club must comply with the rules set out below:

1. The management reserves the right to reject membership or renewal applications or cancel memberships at any time.
2. The management reserves the right to require any member, guest, or person to leave the premises at any time.
3. Memberships not renewed by the expiry date shall be deemed canceled. However, memberships paid by direct debit will be renewed automatically.
4. In the event of a failed payment, memberships shall be suspended or canceled until the outstanding balance is paid.
5. Membership is not transferable from person to person.
6. The management may withdraw the use of all or part of the facilities for various purposes, including maintenance. Compensation will not be given for any such closures.
7. All members must produce their valid membership card on each occasion they wish to gain entry to the facilities.
8. If any member wishes to terminate their membership before it expires, no refund for the remaining time will be made. All cancellations must be provided to the club in writing.
9. The management reserves the right to restrict the number of persons using the club at any one time due to health & safety regulations. The management also reserves the right to amend the opening times of the club if necessary.
10. The management reserves the right to utilize the facilities for special events, classes, or other activities it deems desirable.
11. Any memberships for children under the age of 16 must be attached to a senior membership, acting as a guardian/contact. This guardian must be over the age of 18 years.
12. Members under the age of 16 years are not permitted to use the sauna, steam room, or gym at any time.
13. Children under 8 years must be accompanied by a supervisor over the age of 18 years when visiting the pool.
14. One adult may only be responsible for two children under the age of 8 years, in accordance with our admissions policy.
15. Memberships may only be suspended for medical reasons supported by a valid medical certificate.
16. Members or visitors cannot use the facilities under the influence of alcohol or drugs. No smoking is permitted in the building.

17. Medical clearance should be sought for members with any medical conditions that may restrict their exertion levels before taking part in any exercise at the club.
18. Any member ignoring advice or not seeking medical advice when instructed by staff regarding a medical condition may not hold the management responsible for any harm that may occur.
19. Appropriate clothing and footwear should be worn when using the various facilities.
20. Equipment should be returned to its correct location/position after use.
21. Animals are not permitted in the club/building at any time, except for assistance animals.
22. The club accepts no liability for accidents or injuries caused by any person while using the facilities. Nor does the club accept responsibility for the loss or damage of goods or valuables belonging to any member or guest.
23. Personal belongings may not be left in lockers or locker rooms overnight. Items left behind or found will be donated to various charities or discarded periodically.
24. The management reserves the right to amend, add, or alter these conditions of membership and club rules as it sees fit. Members must observe any amended or additional conditions or rules.
25. Any complaints concerning the club or disputes about the interpretation of these conditions of membership and club rules shall be referred to the club management. The management's decision shall be final and binding.